KYUDO - Japanese Archery

Introduction Sessions for Complete Beginners

弓道初心者入門セッション

Dates: **Session 1:** **July 14, 2019 (Sun)** **11:30 am to 2:00 pm**
Session 2: **July 21, 2019 (Sun)** **11:30 am to 2:00 pm**

Place: **St. Bart's Church - Athletic Facilities at the basement level**
325 Park Avenue, New York, NY (between 50th & 51st Street)
Please use the side entrance with brown doors on the 50th Street, between Park and Lexington Avenue.

Participation Fees: **$60- for Two Sessions**
to be paid in cash on the date of Session 1 当日現金でお支払下さい

Registration: **Required in advance by email**

申込: 事前に E メールにて受付中

- Who can attend: **Anyone 15 years old or older**
(Youth 15-18 years of age must be accompanied by a parent or guardian.)

対象者: 15 歳以上の方ならどなたでも
但し 15 歳から 18 歳の参加者は
保護者の同伴が必要となります。

- What we will learn in the sessions

1) **Basic understanding of what Kyudo is**
2) **Basic shooting technique**
3) **Basic steps in performing Kyudo**
4) **Shooting with and without arrows in short distances**

セッションの内容:

1) 弓道の基礎知識
2) 基本技術
3) 基本の作法
4) 近距離での実射

- What you need to bring
No equipment required, but wear comfortable clothing and bring a pair of white socks.

持参いただくもの:
道具等は必要ありません。動きやすい服装で白の靴下をご持参ください。

-<u>Upon completion of both sessions</u>, participants will be accepted to attend our regular classes.

<u>両日のセッション</u>に参加・終了された後
毎週 2 回の稽古に参加出来ます。

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