KYUDO - Japanese Archery

Introduction Sessions for Complete Beginners

弓道初心者入門セッション

Dates: **Session 1:** **February 11, 2018 (Sun) 10:30 am to 2:00 pm**
Session 2: **February 25, 2018 (Sun) 10:30 am to 2:00 pm**

Place: **St. Bart's Church - Athletic Facilities at the basement level**
325 Park Avenue, New York, NY (between 50th & 51st Street)
Please use the side entrance with RED doors on the 50th Street, between Park and Lexington Avenue.

Participation Fees: **$60- for Two Sessions**
to be paid in cash on the date of Session 1 当日現金でお支払下さい

Registration: Required in advance by email

申込: 事前に E メールにて受付中

- Who can attend: Anyone 15 years old or older
(Youth 15-18 years of age must be accompanied by a parent or guardian.)

対象者: 15 歳以上の方ならどなたでも
但し 15 歳から 18 歳の参加者は
保護者の同伴が必要となります。

- What we will learn in the sessions
1) Basic understanding of what Kyudo is
2) Basic shooting technique
3) Basic steps in performing Kyudo
4) Shooting with and without arrows in short distances

セッションの内容:
1) 弓道の基礎知識
2) 基本技術
3) 基本の作法
4) 近距離での実射

- What you need to bring
No equipment required, but wear comfortable clothing and bring a pair of white socks.

持参いただくもの:
道具等は必要ありません。動きやすい服装で白の靴下をご持参ください。

-<u>Upon completion of both sessions</u>, participants will be accepted to attend our regular classes.

<u>両日のセッション</u>に参加・終了された後毎週 2 回の稽古に参加出来ます。

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